HUMAN RIGHTS & EQUALITIES CHARNWOOD

Annual Report 2015/16

WORKING TOWARDS ELIMINATING DISCRIMINATION CAMPAIGNING FOR EQUALITY OF OPPORTUNITY PROMOTING GOOD RELATIONS



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Human Rights & Equalities Charnwood Annual Report Letter

The Mayoress and myself have been pleased to support the events organised by the Human Rights & Equalities Charnwood during the year.

It has come to our notice how busy you are throughout the Borough and may that It has also been a pleasure to visit your permanent offices on continue. Nottingham Road.

The work that you do is very necessary and appreciated.

Yours sincerely,

Cllr Paul Day Mayor of Charnwood

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Your name and address may be stored electronically for the sole purpose of contacting you about Mayoral events. If you would prefer us not to retain Your contact details please tell us or tick the box and return this letter

Telephone: 01509 263151 Email: information@charnwood.gov.uk

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Chair's Report

I am proud to be involved with an organisation that has a real passion about eliminating discrimination and improving the lives of everyone in Charnwood and across Leicestershire. This has been another challenging year and I expect there are more to come, but I feel confident, because of the dedicated staff and volunteers that work tirelessly to achieve the organisations aims that we will continue to grow stronger.

A key service we offer to our community has always been our advice work, and our team of case workers are inspiring. We had no choice but to make them all redundant last year due to County



Council funding cuts. This was a sad and testing time for us all. However we continue to offer this advice work (on a limited basis) due to the generosity of our ex-case workers who offer their time on a voluntarily basis because they know this service is needed and for this we are truly thankful. We ask for donations for advice work to help cover running costs. We also provide immigration advice and have 3 OISC level 2 qualified advisors.

Our successful Big Lottery Funded Chances for All Project is now in its fourth year and is really improving the lives and prospects of South Asian Women in our community. We were sorry to lose one of the Project Officers Tamena Gul, and we wish her well in her endeavours. But every cloud has a silver lining and we were very happy to welcome Yesmin Choudhury as Tahmena's replacement. I know Yesmin is committed to continuing to achieve the positive outcomes the project has already made.

I am also extremely happy to report that our new Improving Lives Project is up and running since February. This project is also funded by the Big Lottery Fund for five years and will work to improve the lives and prospects of Black, Asian and Minority Ethnic (BAME) men in our community. It was through the work of our Chances for All Project that we identified this need. I would like to wish our Project Officers Kazi Mashud and Mehraj Alamgir success for the future of this much needed project.

We continue to be a strategic partner of Charnwood Borough Council (CBC) and deliver short term Debt and Money Management Programmes advising local people on how better to manage their finances. We also closely with Loughborough Citizen's Advice Bureau and others in a consortium of local voluntary and community organisations

I am also delighted to report that our European work continues successfully delivering training events to young people from across Europe and Loughborough on human rights issues and Social Enterprise. This is a very exciting area of our work and I would like to Thank Nadja Rein for her dedication. Our sincere thanks to all our funders, Charnwood Borough Council, the Big Lottery Fund, British Council (Erasmus Plus), Lloyds Bank Foundation and the Henry Smith Charity for supporting our work and the generous grants that have enable us to continue our work.

I would like to thank the Board of Trustees who give up their valuable time to help guide the organisation strategically forward and I know they all have a deep loyalty to HREC. However I would like to make a special mention to Trevor Shaw who on paper is our Treasurer, but in reality is much more than that. I'm not sure we would have coped quite so well over the past few challenging years without Trevor's expertise, guidance and commitment, Thank you Trevor!

We are always looking for people with skills that would benefit the organisation and would welcome anyone interested in getting involved with our Board of Trustees, please do get in touch if you think you would like to become involved with our work.

Finally I would like to say a big thank you to our paid staff and volunteers, you have all worked so hard and gone over and above what was expected of you. The organisation would not exist without you and for your dedication I am very grateful.

Justin O'Brien Chair

Fundraising

We held a Challenge Week in 2015 and were delighted to raise over £4,500 from generous donations and sponsors. We are planning a similar fundraising week this year and would be keen to hear from anyone who wishes to help us organise events.

We have also signed up to Virgin Giving and would be very grateful if you could help us fundraise with anything you are planning or even post a donation on there.

We will be developing the page shortly so please bear with us.

Our thanks to Justin O'Brien, our Chair who ran the Loughborough Half Marathon and raised funds for us through sponsorship.



Treasurer's Report

Two years ago we were faced with an uncertain financial future and, apart from our Chances for All project and our Youth Training, it was not certain what level of service we would be able to deliver. The Board said at that time "we must meet the needs of the many people who look to us for help and ensure we keep contact with these people, who are our key resource."

Since then our situation has improved; we ended the financial year 2015/16 in a healthier position than recent years and for the next two years we should be able to balance our budget.



This is due to several things:

Charnwood Borough Council Strategic Partnership

We secured a new partnership agreement with CBC until March 2018 through which we will deliver agreed outputs for them. In return we will receive valuable funding. We also deliver short term Debt & Money Management work for them.

Advice work from our volunteers

Amina, Chayara and Kazi have continued to give two days a week advice work between them as volunteers. Their clients have responded well to a request to give donations towards the costs of this service. In 2015/16 these amounted to £4,600.

Big Lottery projects

Our existing project Chances for All and our new one Improving Lives include funding to meet a substantial part of our office running costs (as well of course delivering service to their beneficiaries).

Henry Smith Charity and Lloyds Bank Foundation

We benefitted from significant grants from these two organisations to support our work.

Youth Training

We continue to deliver training events funded by British Council under their Erasmus Plus programme.

Disability Access Guide

Last year we received a grant to produce the Disability Access Guide. Part of this grant has been retained to update and re-issue the guide.

Fund raising

The Board realised that we needed to generate income through its own efforts and through several initiative raise £4,700 in the year.

As always I would like to thank Alex and Martin at our accountants and auditors for their work and Varsha Parmar, our Executive Officer, for all the help she gives me.

Trevor Shaw Treasurer

Capabilities Grant - Big Lottery Fund

As part of our new Big Lottery Improving Lives project we have received funding to review and improve the core governance and running of HR&EC.

The first part of this, the external review, has been completed by an external agency, Co-operative and Social Enterprise (CASE). This involved interviewing trustees, staff, volunteers, stakeholder, funder, partner agencies and beneficiaries. The aim was to gather views on how we operate and are perceived, and to help us identify what our future direction should be.

Trustees have received CASE's report and are working on implementing its recommendations. This will help us determine what sort of an organisation we want to be in five years time – watch this space!

Marketing Publicity & Public Relations Committee and Company Secretary's report

On our Marketing, Publicity & PR committee there are 3 external members elected at the AGM and several members from the Board of Trustees.

This group is responsible for our membership which we are constantly looking at broadening, particularly in light of our widening remit on all the equalities.

All applications for new members go to this group for recommendation to the Trustees.

The group has been very active in identifying ways of raising awareness of issues of concern to the local communities and in line with our expanding remit to work on all equalities, bringing issues faced by particular groups to the attention of agencies, members and individuals.

We would like to thank the local press, particularly

Loughborough Echo, for the regular coverage we receive on our work. We are always seeking to recruit new members and welcome applications for either individual members or organisations to affiliate.

We have spaces for co-options to our Board of Trustees and several sub groups, so if anyone is interested in our work and wishes to get involved, please visit our website on www.hrec.org.uk or ring the office on (01509) 261651.

We continue to meet all our Charity Commission and Company House requirements.

Peter Lewis CC Company Secretary



Advice Work

Thanks to our volunteer ex-caseworkers, we have continued to give provide advice and information to our clients 3 days a week. In the last year we have seen over 1000 clients.



Nature of cases/queries	Total
Welfare Benefits	435
Housing and Accommodation	415
Immigration and Nationality	105
Training and Education Support	25
Employment related	140
Miscellaneous Support	100
Total Cases/Queries	1220

Our ex-caseworkers continue giving advice on a voluntary basis.



Debt and Money Management work

We continue delivering short term work on debt and money management for Charnwood Borough Council. During 2015, we delivered four months of debt advice. We assist our service users to understand priority debt and non-priority debt. We negotiate with creditors to deal with immediate debt problems e.g. arrears with utilities, other bills, rent/mortgage/council tax arrears.

We help our clients prepare income and expenditure budgets and where appropriate set up direct debits to ensure their bills are paid on time. We help them access cheaper service providers such as energy and insurances. This involves teaching them how to go onto comparison sites and learning basic computer, keyboard and IT skills.

28 of our service users have attended awareness raising sessions we organised with Clockwise, our local credit union and Barclay Bank's Fraud Protection Team where they were told about their services. Most of our clients are not aware of credit unions and fraud protection. We have been closely working with our local Citizens Advice Bureau where specialist skills are required to address higher levels of debt.

Improving Lives Project (ILP)

Background

Human Rights and Equalities Charnwood (HR&EC) always look at ways to develop and promote effective projects that can contribute to people's lives in a positive manner. This year HR & EC has introduced the Improving Lives Project (ILP) for BAME (Black, Asian and Minority Ethnic) men.

This is a 5 year project funded by the Big Lottery Fund, Reaching Communities Programme to work with BAME men to build their confidence, skills and help them to play an active role in society. By achieving the goals, this project will complement national strategies.

Improving Lives Project is addressing local community men's issues around health & well-being, employment and building community resilience against extremism. An effective action plan will list the objectives and goals, which will focus on the outcomes and indicators table for the project.

Quoting Justin O'Brien, Chair of HR&EC, "The men in Loughborough's minority communities represent an untapped resource; our project will unlock their potential, bringing benefit to the communities, families and their individual families. The project aims to empower men, especially from South Asian communities in our most deprived wards".

From commencement to accomplishment, this project will ensure that it makes a positive impact on the lives of beneficiaries to enable them to enjoy a healthy lifestyle with greater employability prospects and above all, will help to reduce radicalisation by building strong community resilience.

3 objectives of the project are:

- BAME men have improved health, wellbeing, confidence to be more active in society and ability to deal with family issues.
- BAME men have increased their employability skills through IT and language training and accessing further education
- BAME men have increased their knowledge, awareness and built their resilience against radicalisation and extremism

Project Launch

We are delighted with the successful completion of Improving Lives Project launch on 14th April, 2016. Firstly we would like to thank the Big Lottery Fund for funding this project and helping us to make this event remarkable. Our successful launch was achieved with support from local agencies and different service providers. We would like to acknowledge the contribution of Charnwood Borough Council's Community Safety Team, Leicester Diabetes Centre, John Storer Charnwood's Well Being project, Alzheimer's Society, National Careers Advice and Loughborough Library for attending the event with information stands. Human Rights & Equalities Charnwood

All Different All Equal



Project Launch held on 14th April 2016 attended by Cllr John Capleton, Mayor Charnwood, local men from Black & Asian Minority Ethnic backgrounds together with project staff Kazi Mashud and Mehraj Alamgir, Justin O'Brien Chair and Peter Lewis Company Secretary of HR&EC.

We are pleased with the good turnout and extend our sincere gratitude to all the attendees, who came to this project launch event and shared a pleasant time with us. We appreciate the support and encouragement we received from everyone. Each of our attended guests played a very important role in the event to make it successful.



Representatives from different service providers, agencies and also potential beneficiaries

We are seeking people from the local community to join us as role models, mentors or volunteers. We also invite agencies and groups that be doing work relevant to our project to help our beneficiaries. For any relevant information please contact the project officers Kazi Mashud or Mehraj Alamgir on 01509 261651 or email us at info@hrec.org.uk, mehraj@hrec.org.uk or kazi@hrec.org.uk

Kazi Mashud & Mehraj Alamgir Project Officers

Chances for All Project

This project is now in Year 4.

The 4 aims for the project are:

- Improved attitude towards healthy living keeping fit, healthy cooking, lifestyles, understanding health related issues e.g. mental health.
- Improved awareness of issues facing the women and how to address them (e.g. domestic violence, drugs, gambling, alcohol, health).
- Increased numbers actively undertaking community and society development role, for instance as governors, trustees
- Improved representation for the women and increased cultural integration locally, taking part in events during Inter Faith Week, International Women's Day, One World Week.

Some of the highlights of the project:

Eid Celebrations hosted by Anand Mangal Group



This was organised and hosted by a Hindu community for the Muslim community to celebrate Eid. The event was attended by people from different backgrounds who came together to celebrate and learn about Eid.

Healthy cookery project

We received a grant from Leicestershire County Council to deliver healthy cookery classes over a period of 12 months with a view to produce a cookbook at the end of the project. We wanted each woman to share a healthy recipe of their own with the rest of the group and talk about the health benefits of their chosen dish. For the first 6 months we worked with the Anand Mangal group and then another 6 months with the Bangladeshi women's group. Both groups welcomed women from the other groups to be involved. The sessions were hugely successful and well attended and we have over 50 recipes for our collections. We are hoping to receive further funding for another 12 months to continue with these sessions and will aim to produce a local cookery book with recipes from the women.



All Different All Equal

Human Rights & Equalities Charnwood

International Women's day 2016

This year's International women's day was thoroughly enjoyed by women from all different backgrounds. We had a very good turnout of about approximately 100 attendants. It was very encouraging seeing that women were very keen to perform a dance, poem or song in front of such a large audience and an increasing growth in their confidence level.





Sewing Project

We identified one of our CFA service users as a teacher to deliver sewing classes to other ladies. We were given the opportunity by a project called Second chances based at the Falcon centre, to use their existing sewing workshop. This is now an ongoing project due to the popularity of the course and the women are also working with the centre in a fund raising project involving sewing.





The driving theory classes have been ongoing since September last year. We've had one successful student who went on to pass her test first time round and felt so confident that she's booked her driving practical for the near future.

Driving Theory classes

Case study "Chances For All" project beneficiary

Mrs H came from South Asia 16 years ago after marrying a British Citizen who had previously been married and divorced. After 11 years of marriage, having 3 children and suffering domestic violence for years, she decided enough was enough. She picked up her children and an overnight bag and left her home. She moved town and took shelter with her relatives in Loughborough.

Once arriving here, she discovered that her immigration status was in a mess and she had no financial support due to it. HR&EC and other community support services supported her through all her legal dealings of the divorce, finance and immigration.

She has attended many of the Chances for All workshops and events throughout the first three years. This has helped her in gaining immense confidence. When she first arrived to Loughborough she was nervous and mentally unstable. Her confidence level was at its lowest; her level of English was very poor. Whilst she was leaving home she had to take support from her 10 year child to help with English to get on the bus and book her tickets to Loughborough.

Now 5 years later she has successfully passed her driving test and is working full time in a nursing home. She is easily able to hop on to public transport to get to Leicester and Nottingham for work and personal reasons. She privately rents her home, owns her own car and is financially secure. Her children are doing exceptionally well at school with outstanding results. Coming from a broken home has not affected them due to their mother who has picked herself up and moved on. She gave her total support to her children and attended all the parents' evenings and allowed her children to attend relevant afterschool clubs.

By attending the healthy living workshops organised by our project and taking on advice given, she and her children live healthier life styles. She received one to one support from the project on IT/computer skills which then enabled her to join mainstream ESOL classes held by Loughborough College. Learning these vital skills has helped her better her employment chances and be more confident in accessing services and information to help her improve her living standards and finances.

Mrs H attends a lot of the social, cultural and informative events that this project organises and feels a valued member of the local community. Some of the awareness raising sessions we organised for the women included:

Drug awareness workshop Swanswell

The Drug awareness workshop was a huge success with the 20 plus ladies taking an active interest in the items of display that Swanswell had showcased. The ladies were very responsive and conversed willingly about potential issues that they could face in the future with the drug issues amongst teenagers and other members of the family. The ladies took great interest in learning about the harm that is caused by the different types of drugs out there. The workshop was very well attended and appreciated. We are planning a second session for Anand Mangal group at Fearon Hall in the near future.

Job Interview Skills

A representative from the careers service came to our Bangladeshi women's group and delivered a workshop on job interview skills. The workshop was well attended and appreciated by many. Lots of techniques for job interviews were practiced and discussed. A number of the ladies are in touch with the careers advisor and have had their CV's updated or created. They are all part of a mailing list for the careers service representative who gives them regular updates on techniques and other careers advice.

Prevent (Prevention of radicalisation)

The prevent team from Charnwood Borough Council delivered an insightful Workshop to Raise Awareness of Prevent (WRAP). Covering all the major aspects of attention that needs to be taken heed of within the wider community we live in. The workshop was translated from English to Bangla. The ladies got a better understanding of all the different aspects of Prevent.

Crime Prevention

Charnwood Borough Council's community safety officer came and delivered 2 workshops with our groups to raise awareness on personal safety and safety at home e.g. marking valuables with invisible markers, registering jewellery on a national website, leaving lights on when going out, not keeping valuables on display in the car etc. The groups found these sessions very useful and learnt safer ways of securing their valuable belongings to prevent theft.

We had another 2 workshops delivered by someone from Barclays Bank. During these sessions, women were made aware on identity theft and ways to protect their money and prevent fraud.

Queen's birthday picnic

Various groups worked together to organise a street picnic in a public place to celebrate the Queen's 90th Birthday. This picnic was a great event for cross cultural integration and communal collaboration. It was well attended by members from different communities and children. It also attracted public passing by who came to join in with the celebration.

We are constantly reaching new women, particularly those coming from Europe who are settling here and want to be part of the community. Please contact us to get involved.

Minara Rahman & Yesmin Choudhury - Project Officers.

Compass: Human Rights Education training programme

Although the programme finished in April 2015, the long-time impact of the programme is still felt with more projects being developed as a follow up of this project and greater professional success of the participants.

The Finnish team was so inspired by the project that they have established non-governmental а organization to work with refugees and migrants in Finland. In partnership with HR&EC they had also applied for their first Erasmus+ project aiming at providing an introduction to Human Rights. This took place in April in Finland and three of our volunteers attended. (Lucy Rolington, Tom Glinski and Nora Costini from UK and Antonia Pindulic from Croatia)



Now we have applied for further two projects with our partners StepEurope ry from Finland and ASAP Europe from Italy. One of them to address issues of immigration and the second one to provide further opportunities for young people and those involved with our organization to learn about Human Rights.

In addition we are pleased to share the news that our programme has been beneficial for the careers progress of the participants as well. One of Croatian participants has got a new job as a result of the vocational training on our programme.

Quoting Lucy Rolington, a volunteer with us,

"I began volunteering with HREC in September 2014, and this opportunity has helped enhance and complement a comprehensive set of skills. which I have no doubt contributed positively towards me obtaining long term employment in the third sector. Particularly, the be involved opportunity to in ERASMUS+ training sessions on human rights education in non-formal learning setting helped to тv capabilities from enhance general event planning and project management skills, to actuallv delivering training sessions to a variety of audiences and talk about human rights issues on a local, community level."





Business idea

Water purifying systems in Burton upon Soar.

Meeting owners of the boat company.

Entrepreneurship Laboratory

A long term training programme for people with an ambition to open businesses. The programme brought 32 enthusiastic and bright people full of energy and willingness to challenge their ideas, learn about business and actually do it.

Loughborough was buzzing with business ideas from eight countries: Croatia, Latvia, Finland, Italy, Spain, Poland, Romania and the UK; Ideas ranging from mechatronics and craft to social clubs for disadvantaged young people and services for integration of refugees and immigrants.

The first stage of the project explored what enterprise is and what forms it can take. The participants had learned the canvas model and gone through the process of developing a value proposition for the selected five business ideas.

Back in their home countries the participants are working on the value proposition for their business idea, sharing results on the online peer forum which is facilitated by Nadja Rein, project manager, and supported by Ian Wilson, a business advisor from CASE, Leicester.

In June the course will build up on the work of the first two modules and aim at drafting a business plan for a venture on completion.



Nadja Rein - Project Co-ordinator

Loughborough Mela



Loughborough Mela has risen in prominence from a small event celebrating the town's cultural and ethnic diversity into a popular and important date in the calendar of the summer festival season. Taking place in Town Centre in the heart of the community of Loughborough, there is more to Loughborough Mela than just music- the event also features stalls, fairground rides, diverse range of food, children's activities and a diverse entertaining programme. The aim is to ensure that all visitors, young and old, will find something to entertain at this free event.

The Mela is a partnership event organised by Charnwood Borough Council, Human Rights & Equalities Charnwood, John Storer Charnwood, Charnwood Arts and local community groups and individuals. It is the perfect place to experience South Asian arts and culture in all its diverse and colourful forms, from spectacular Bollywood and Gidda dancing to storytelling, poetry and henna painting. The aim is to both celebrate the performers' national heritage as well as their more recent history as British citizens.

Melas originate from the Indian sub-continent (the word 'Mela' means 'to meet' in Sanskrit, the ancient Indian language), where they are traditionally a gathering of people celebrating their community, much like village fairs in Britain.

This year's Mela is on Sunday 14th August in Loughborough Town Centre, Market Square, from 12 noon to 5 pm.

For more information please contact The Mela Co-ordinator on email: loughboroughmela@gmail.com or via mobile 07894880525.

For stall bookings contact Charnwood Arts on (01509) 821035 or email info@charnwoodarts.com

Leylah Bhamra Mela Co-ordinator



Sunday 14th August, 12.00pm - 5.00pm Loughborough Town Centre



Board of Trustees

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Varsha Parmar Minara Rahman Tahmena Gul (left Dec 2015) Yesmin Choudhury (Mar 2016) Chances For All Project Officer Kazi Mashud Mehraj Alamgir Kazi Mashud Chayara Chowdhury Amina Wadud Nadja Rein

Executive Officer Chances for All Project Officer Chances for All Project Officer Improving Lives Project Officer Improving Lives Project Officer Volunteer Adviser Volunteer Adviser Volunteer Adviser Youth Project Co-ordinator

Membership 2015/2016

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Hon Solicitor Mr D Pagett-Wright (Moss Solicitors) Hon Treasurer Mr T Shaw

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J R Catt	H Clegg	A Gimpel	A Gimpel	J Harrison
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P Lewis	N Morgan	J O'Brien	J Pacheco	S Phipps
P Pinder	M Shahid	T Shaw	N Shukla	V Silva
P Singh	J Vaitha	S M Velado	J Vincent	A Williams

Organisations All Saints with Holy Trinity P Pinder D Green Ashmount School D Thomas Brahma Kumari M Sisodia N Steel P Snape Bridge P Davey Charnwood Arts K Ryan Charnwood Borough Council J Capleton G Gay D Green P Lewis Geeta Bhawan R Chhabra **Gorse Covert Community Centre** V Watts L Gilmore John Storer Charnwood S Frost S Leong L'boro Baptist Church S Cramer D Beale L'boro Churches Partnership T Payne L'boro Constituency Labour Party J Vincent M Draycott L'boro Council of Faiths N Steele L'boro United Reformed Church D Beale T Payne A Akram M Alonso L'boro University L'boro University (Centre for Faith & Spirituality) J Sutton **Rawlins Community College** C Ore H Fern Rosebery St Peter's C C D Bentley L Foukes Swaminarayan BAPS Sanstha M Sutaria A Mistry Youth Shelter M Mooney

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We would like to thank all our funders for the generous grants that enable us to continue with our work

